

Training Program

Training Schedule

Interns will be expected to work approximately 40-45 hours per week and are required to complete 2000 hours to successfully complete the internship program. This can be modified slightly based on the interests of the intern.

Major Rotations

Major Rotation Option	Description	Rotation Length	Hours Per Week
Adult Services	Direct clinical care to individuals in an outpatient setting. (Inpatient is an option.)	6 months	16-24
Family Services	Direct clinical care to families/children in an outpatient setting.	6 months	16-24
Substance Use Services	Outpatient substance abuse services on an intensive, extended, or continuing care basis.	12 months	8-10

Minor Rotations

Minor Rotation Option	Description	Rotation Length	Hours Per Week
Psychological Testing	Psychological evaluation including testing, report writing, consultation, and feedback.	12 months	6-8
Didactic Trainings & Seminars	May include conferences, training, and seminars.	12 months	2
Supervision	Supervisors review cases during a regularly scheduled weekly supervision	12 months	4
Crisis/Emergency	Crisis and emergency assessment/intervention	12 months	2-4

Psychological Assessment Training

Psychological testing is in high demand at Seasons Center due to being in a clinically underserved area. Therefore, our internship program places an emphasis on the training of interns to perform psychological assessments. Interns are to have gained the necessary knowledge and skills during their graduate coursework to competently

administer and score a full psychological battery of tests. Our training will provide interns with an enhanced ability to write high quality and detailed reports. An intern will be required to administer and score at least 12 psychological assessments during their internship.

Psychological assessments include the following:

1. Conducting a clinical interview.
2. Administering, scoring and interpreting a full battery of psychological assessments.
3. Writing a report that integrates the client's background information with his or her scores and formulates an accurate conceptualization and treatment plan.
4. Providing feedback to the person being tested and in the case of children, providing feedback to the parent or guardian.

Supervision

Clinical supervision of interns is provided by Dr. Natalie Sandbulte, Dr. Lisa Matthews, and other clinical staff. Clinical psychologists Dr. Natalie Sandbulte and Dr. Lisa Matthews will provide 2 hours of individual supervision per week for each intern. Additional clinical staff will provide 2 hours of group supervision per week. This supervision is required to be a total of 4 hours per week. Interns and their supervisor will communicate to determine schedule of supervision. During the beginning, the intern will be less active in clinical practice and will take part in shadowing and observing. After the intern has shadowed and observed, he/she will be encouraged to be more active in clinical activities. Supervision is instructional, didactic, and focused on skill acquisition.

Didactic Trainings and Seminars

APPIC internship standards require all interns to attend didactic trainings and seminars at the internship site for at least 2 hours per week. These seminars and trainings enable interns to socialize with each other while also gaining a valuable developmental learning experience. The didactic trainings and seminars offered cover a wide range of topics including professional issues, assessment, and evidence-based practices. Interns are required to present at a seminar during the course of his or her internship. The topic of these presentations will be related to the interns' dissertations. Agency staff will be encouraged to attend these weekly trainings and seminars.

Please see next page for potential trainings and seminars.

Potential trainings and seminars include:

Assessment and Diagnosis:

- Assessment of Young Children
- DSM 5
- Intake Assessment
- Psychological Testing

Treatment and Intervention:

- Motivational Interviewing
- Treatment of Sex Offenders
- Domestic Abuse
- Group Therapy
- Family Therapy
- Crisis Intervention
- Cognitive Behavioral Therapy
- Play Therapy
- Parent-Child Interaction Therapy
- PTSD & Trauma
- Autism
- Anxiety
- Depression
- Personality Disorders
- Substance Abuse

Professional Development:

- New Employee Orientation
- Understanding Medicaid and Medicare
- Funding Sources for Behavioral Health
- Transition from Graduate School to Professional World
- Working with a Multidisciplinary Team
- Personality Test (CPI, Strengths Finder, etc.)
- APA Report Writing

Other

- Intern Dissertation
- Ethics
- Evidence-Based Programming
- Cultural and Diversity Issues
- Boundaries

