

## Training Goals and Objectives

Our internship program is dedicated to supporting, developing, and training clinical psychology doctoral interns who, after successful completion of the internship program, will be able to effectively practice clinical psychology. The internship program will provide customized and individualized goals based on the skills and development goals of the intern. This will enable interns to gain the most valuable and satisfying internship experience possible to become highly competent mental health professionals.

The following are the goals and objectives for Seasons Center's internship program.

### **1. Goal: Prepare interns to effectively provide therapy and develop treatment plans.**

Objective 1.1: Interns will demonstrate effective individual therapy skills.

Objective 1.2: Interns will demonstrate effective group therapy skills.

Objective 1.2: Interns will demonstrate the ability to create effective and appropriate treatment plans.

Objective 1.3: Interns will demonstrate the ability to effectively implement crisis interventions.

### **2. Goal: Prepare interns to competently and ethically administer and interpret assessment measures.**

Objective 2.1: Interns will demonstrate effective diagnostic skills and clinical formulation.

Objective 2.2: Interns will demonstrate ability to select, administer, and score the appropriate instrument.

Objective 2.3: Interns will demonstrate ability to accurately interpret assessment data.

Objective 2.4: Interns will demonstrate ability to write comprehensive and coherent assessment reports.

Objective 2.5: Interns will demonstrate ability to communicate assessment results.

### **3. Goal: Prepare interns to achieve competency of the ethical and legal standards of professional psychology**

Objective 3.1: Interns will demonstrate knowledge of the ethical, legal, and professional standards.

Objective 3.2: Interns will abide by the ethical, legal, and professional standards.

**4. Goal: Support interns to professionally develop their communication and interpersonal skills.**

Objective 4.1: Interns will demonstrate effective interpersonal relationships and communication skills.

Objective 4.2: Interns will demonstrate effective written communication skills in clinical documentation.

**5. Goal: Prepare interns to achieve competency in supervision.**

Objective 5.1: Interns will demonstrate effective use and provision of supervision.

**6. Goal: Prepare interns to achieve competency in the area of individual differences and diversity.**

Objective 6.1: Interns will demonstrate awareness and responsiveness on individual and cultural differences.

**7. Goal: Prepare interns to achieve competency in the areas of scientific knowledge and research.**

Objective 7.1: Interns will demonstrate the ability to research information when appropriate and apply scientific knowledge gained from research to clinical practice.

