



NEWS RELEASE

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For Immediate Release

Seasons Receives Grant for Specialized Prevention and Early Intervention Resources

SPENCER – Seasons Center for Behavioral Health has received a \$20,000 grant from the Lakes Area Decat Board. This grant will be used to purchase resources and materials to support the implementation of specialized prevention and early intervention behavioral health, physical health, wellness, and nature-based programs and services at Autumn's Center and Camp Autumn.

"Many of the children and their families, served by Seasons, have experienced abuse, trauma, parental substance use, family violence, delinquency, and other childhood developmental conditions," said Christina Eggink-Postma, Vice-President of Program Coordination and Compliance at Seasons Center. "This funding will provide us with an opportunity to enhance and expand the use of evidence-based programs and services."

Nature-based programs and services are especially beneficial to children in the healing process.

"Sometimes children have a difficult time processing their feelings and experiences in an office setting," said Dr. Natalie Sandbulte, Vice-President of Clinical Services at Seasons Center. "The activities and services at Camp Autumn will provide another opportunity for children to learn new skills in a natural and nature-based environment."

Autumn's Center opened in October of 2016 in Spencer, serving 1,000 children in the first six months. Camp Autumn, a therapeutic day camp for children, opens on June 5 as an extension of Autumn's Center.

"Seasons is appreciative of the support by the Lakes Area Decat Board for this project," said Kim Scorza, President/CEO. "We are excited to continue to expand programs at Autumn's Center and to begin providing services at Camp Autumn this summer."

For more information on this project and Seasons' services, please visit our website at: www.seasonscenter.org and Facebook page www.facebook.com/SeasonsCenterForBehavioral.Health

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.aver.org.