



# NEWS RELEASE

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## **For Immediate Release**

### **Seasons Hosts Free Educational Summit for Foster and Adoptive Families**

**Sutherland, IA** – Seasons invites all local foster and adoptive families to attend *We are Family*, a free one-day educational summit, on Saturday, June 17. Parents and caregivers will attend a training focused on trauma and its effects, attachment, and cultural competency, while the children enjoy a day at Camp Autumn.

"Seasons is excited to partner with other child-serving agencies in our communities to offer this event to families," said Christina Eggink-Postma, Director of Program Coordination and Compliance at Seasons. "We hope that parents find this event both educational and refreshing, giving them both new insight and renewed energy for their all-important role as parents."

Attendees will learn from several professionals from across the state in the morning and the afternoon session will feature a "retreat" for parents and caregivers, including activities that promote relaxation and reflection. Foster parent credit will be available to those attending the summit.

Camp Autumn, located at 4233 Yew Avenue in Sutherland, Iowa, is opening as a therapeutic day camp for kids on June 5.

"We have been so blessed to be able to offer this free, fun, and educational event to foster and adoptive parents and their children at our new therapeutic camp, Camp Autumn, for children and their families in northwest Iowa," said Kim Scorza, CEO/President at Seasons. "We believe strongly in bringing trainings like this to our area so that learning opportunities are accessible both geographically and financially. Supporting families is not just a job for us, but part of our mission of service."

Registration for the *We are Family* summit is now open. To secure your spot, please contact Sarah Heinrichs at 712-262-2922 x1096 or [sheinrichs@seasonscenter.org](mailto:sheinrichs@seasonscenter.org).

For more information on this event or services provided by Seasons, Autumn's Center, and Camp Autumn, please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) or call 1.800.242.5101.

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).