



NEWS RELEASE

For more information, contact Kim Scorza, Executive Director, Seasons
Phone: 1-800-242-5101 | E-mail: kscorza@seasonscenter.org

June 20, 2017

For Immediate Release

Seasons Center Receives \$4,500 Grant from the O'Brien County Community Foundation

SPENCER – Seasons Center for Behavioral Health has received a \$4,500 grant from the O'Brien County Community Foundation/Siouxland Community Foundation. The funding will be used to purchase outdoor and indoor furniture for Camp Autumn, a therapeutic camp for children, located at 4233 Yew Avenue in Sutherland, Iowa. Weekly day camp services at Camp Autumn began on June 5, 2017 and will run for 9 weeks. Planning is underway to design, schedule, and offer additional camps, services, and events for the other months of the year.

"The proposed project is grounded in research that supports the positive benefits to be realized when children have access to nature and outdoor space," said Christina Eggink-Postma, Vice President of Program Coordination and Compliance at Seasons. "Camp Autumn is a space that is sensitive to the health and healing needs of children and families accessing behavioral health services from Seasons."

The day camps at Camp Autumn include group therapy, skill development, and structured activities to help the children in their healing.

"Seasons is appreciative of the support by the O'Brien County Community Foundation for this project," said Kim Scorza, CEO/President at Seasons. "The picnic tables, umbrellas, and patio chairs will provide both outdoor and indoor seating for children, their families, and volunteers, as well as provide furnishings for use by therapists and other staff in working with children in individual and group settings for counseling, therapy, skill building, and recreation/wellness activities."

Seasons is a non-profit organization and has been providing a broad range of psychiatric and behavioral health services to people and communities in Northwest Iowa since 1959. Seasons strives to provide exceptional care to children, families, and

adults through skilled, dedicated, and passionate employees who use evidence-based treatment practices and innovative treatment techniques.

For more information on Camp Autumn and Seasons' services, please visit our website at: www.seasonscenter.org and Facebook page www.facebook.com/SeasonsCenterForBehavioralHealth

- 30 -

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.