



# NEWS RELEASE

For more information, contact Kim Scorza, CEO/President, Seasons  
Phone: 1-800-242-5101 | E-mail: [kscorza@seasonscenter.org](mailto:kscorza@seasonscenter.org)

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**July 5, 2017**

**For Immediate Release**

## **Seasons Center Receives Grant from the Emmet County Community Foundation**

Spencer, IA – Seasons Center for Behavioral Health has received \$2,249.70 in grant funding from the Emmet County Community Foundation. The funding will be used to provide youth and their families in Emmet County with expanded respite care services and day camp services at Camp Autumn. Camp Autumn is a therapeutic camp for children, located at 4233 Yew Avenue in Sutherland, Iowa.

“At Camp Autumn, we utilize the therapeutic aspects of nature to cultivate health and healing for our children,” said Christina Eggink-Postma, Vice-President of Program Coordination and Compliance at Seasons. “With this funding, we are able to reach more of our Emmet County families in need of respite care services.”

The day camp provides a variety of outdoor recreational activities, along with group therapy and skill development throughout the course of the week.

“Seasons is appreciative of the Emmet County Community Foundation for their continued support,” said Kim Scorza, CEO/President at Seasons. “Expanded access to respite care can give parents and caregivers a period of rest and relief, within the child’s home or community.”

Weekly day camp services at Camp Autumn began on June 5, 2017 and will run for 9 weeks. Seasons has begun the process of designing additional camp opportunities, services, and events at Camp Autumn outside of the summer months.

Seasons is a non-profit organization and has been providing a broad range of psychiatric and behavioral health services to people and communities in Northwest Iowa since 1959. Seasons strives to provide exceptional care to children, families, and

adults through skilled, dedicated, and passionate employees who use evidence-based treatment practices and innovative treatment techniques.

For more information on Camp Autumn and Seasons' services, please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page [www.facebook.com/SeasonsCenterForBehavioralHealth](https://www.facebook.com/SeasonsCenterForBehavioralHealth)

- 30 -

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).