

seasons

CENTER FOR BEHAVIORAL HEALTH



Assertive Community Treatment



Assertive Community Treatment (ACT) services provide 24-hour, comprehensive community-based treatments to persons age 17 or older with severe and persistent mental illnesses. ACT consists of a multi-disciplinary team that provides intensive outpatient services to aid individuals with living independently, while reducing hospitalizations, unemployment, and substance abuse. The ACT team includes a nurse, therapist, substance abuse treatment counselor, and prescriber.

Questions?

 800-242-5101

 24/7 Talk & Crisis Line
1-844-345-4569

 www.seasonscenter.org

**NW Iowa
Office
Locations**



Our Services

As an ACT provider, Seasons Center delivers the following services to individuals:



medication and symptom management

assistance with activities of daily living



general health management

benefits enrollment and eligibility



transportation/use of public transportation

decreasing substance use



maintaining employment

creating a natural support system



Eligibility

- Clients with a diagnosis of Schizophrenia, Schizoaffective Disorder, Bipolar Disorder, or Major Depressive Disorder;
- Clients who exhibit noncompliance, decompensation, and are unsuccessful with traditional treatment; and
- Hospitalizations/In-Patient care more than 2 times and/or 4 weeks in the past 12 months

Guiding **INDIVIDUALS & FAMILIES**
Towards a **Meaningful** and
Fulfilling Life.

