



# NEWS RELEASE

For more information, contact Sarah Heinrichs, Project Director, Seasons  
Phone: 1-800-242-5101 | E-mail: sheinrichs@seasonscenter.org

---

**September 28, 2017**

**For Immediate Release**

## **Seasons Center Opens Internal Food Bank to Benefit Clients**

**Spencer, IA** – Seasons Center has opened a food bank to benefit current clients and families served through the agency. The food bank, stocked by the Food Bank of Iowa and donations, has served over 20 households, totaling 82 individuals, since opening one month ago. Though the food bank is housed in Seasons' Spencer office location, clients from all counties are able to benefit.

"The Food Bank has been a huge success in just one short month," said Sarah Heinrichs, Project Director at Seasons. "We have received feedback from several individuals that this type of assistance is much needed and appreciated. It has been rewarding to be able to serve families from our wide service area over this past month."

This internal service provides Seasons' families with the opportunity to shop as many times as they need during the 4 hours it's open each week.

"We are so grateful to the Food Bank of Iowa for partnering with us on this needed client service," said Kim Scorza, CEO/President of Seasons. "Our clients' health and wellness is important to us and the food bank serves as another way we can support them in achieving that."

For inquiries regarding the food bank, please contact Sarah Heinrichs at 712-262-2922 x1096.

Seasons is a non-profit organization and has been providing a broad range of psychiatric and behavioral health services to people and communities in Northwest Iowa since 1959. Seasons strives to provide exceptional care to children, families, and adults through skilled, dedicated, and passionate employees who use evidence-based treatment practices and innovative treatment techniques.

For more information on Camp Autumn and Seasons' services, please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page [www.facebook.com/SeasonsCenterForBehavioralHealth](https://www.facebook.com/SeasonsCenterForBehavioralHealth)

- 30 -

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).