



# NEWS RELEASE

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**For Immediate Release**

## **Seasons Center Receives \$1,200 Grant from the American Legion of Iowa Foundation**

**Spencer, IA** - Seasons Center for Behavioral Health received a \$1,200 grant from the American Legion of Iowa Foundation to purchase a unique blend of therapy and skill development resources for Camp Autumn, a therapeutic camp for children, located near Sutherland, Iowa in O'Brien County. Services began at Camp Autumn on June 5, 2017, with nearly 150 children participating in the first nine week summer day camp session. Since that time, five additional special events have been offered at Camp Autumn, with nearly 150 children participating in these events.

"The activities offered at Camp Autumn are grounded in research that supports the positive benefits to be realized when children have access to nature and outdoor space," said Christina Eggink-Postma, Vice-President of Program Coordination and Compliance at Seasons. "Seasons is excited about the expanded opportunities that Camp Autumn has provided through therapeutic and other support services to children and their families."

The American Legion of Iowa Foundation is a charitable entity whose focus is to serve local communities in various ways, including children and youth programs.

"Seasons is appreciative of the support by the American Legion of Foundation for this project," said Kim Scorza, CEO/President at Seasons. "These clinical and skill development resources will be used to expand our Resource Library at Camp Autumn and will be used in working with children in individual and group settings for counseling, therapy, skill building, and recreation/wellness activities."

Seasons is a non-profit organization and has been providing a broad range of psychiatric and behavioral health services to people and communities in Northwest Iowa since 1959. Seasons strives to provide exceptional care to children, families, and

adults through skilled, dedicated, and passionate employees who use evidence-based treatment practices and innovative treatment techniques.

For more information on Camp Autumn and Seasons' services, please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page  
[www.facebook.com/SeasonsCenterForBehavioralHealth](https://www.facebook.com/SeasonsCenterForBehavioralHealth)

- 30 -

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion, hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.averacare.org](http://www.averacare.org).