



# NEWS RELEASE

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**For Immediate Release**

## **Seasons Center Receives \$7,000 Grant from the O'Brien County Community Foundation**

SPENCER – Seasons Center for Behavioral Health has received a \$7,000 grant from the O'Brien County Community Foundation/Siouxland Community Foundation. The funding will be used to purchase outdoor playground equipment for Camp Autumn, a therapeutic camp for children, located at 4233 Yew Avenue in Sutherland, Iowa. Camp Autumn, an extension of Autumn's Center, a regional children's center located in Spencer, Iowa, served over 140 children through nine weeks of summer day camps in 2017 and has over 200 children registered this year.

"We are grateful to the O'Brien County Community Foundation for their continued support of Camp Autumn," said Christina Eggink-Postma, Vice President of Program Coordination and Compliance at Seasons. "Research supports the positive outcomes when children have access to the outdoors and physical activity, and we have already seen the many benefits of this for the children that we're serving at Camp Autumn."

The day camps at Camp Autumn include group therapy, skill development, and structured activities to help the children in their healing.

"Seasons is appreciative of the support by the O'Brien County Community Foundation for this project," said Kim Scorza, CEO/President at Seasons. "Having a playground will offer additional outdoor activities for children to be engaged in and enjoy, while also providing positive sensory stimulation and increased opportunities for peer interaction."

Seasons is a non-profit organization and has been providing a broad range of psychiatric and behavioral health services to people and communities in Northwest Iowa since 1959. Seasons strives to provide exceptional care to children, families, and

adults through skilled, dedicated, and passionate employees who use evidence-based treatment practices and innovative treatment techniques.

For more information on Camp Autumn and Seasons' services, please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page [www.facebook.com/SeasonsCenterForBehavioralHealth](https://www.facebook.com/SeasonsCenterForBehavioralHealth)

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).