



NEWS RELEASE

For more information, contact
Katie Ping, Marketing & Events Coordinator, Seasons Center
Phone: 1-800-242-5101 | E-mail: kping@seasonscenter.org

February 22, 2019

For Immediate Release

Free Early Substance Exposure Regional Summit Offered in Spencer & Sioux City

Spencer, Iowa – Seasons Center for Behavioral Health is hosting two free regional trainings on fetal alcohol spectrum disorders (FASD), prenatal drug exposure, early trauma, and child development with presenter Ira J. Chasnoff, MD of Chicago.

Dr. Chasnoff is one of the nation's leading researchers in the field of child development and the effects of maternal alcohol and drug use on the newborn infant and child. The award-winning author, researcher, and lecturer is president of NTI Upstream and a Professor of Clinical Pediatrics at the University of Illinois: College of Medicine in Chicago.

"We are thrilled to have the opportunity to bring Dr. Chasnoff to northwest Iowa," said Natalie Sandbulte, PsyD, Vice President of Clinical Services at Seasons. "At Seasons Center, we treat many children who are living with the effects of prenatal drug and alcohol exposure. We need to help educate parents and teachers on how to best care for and teach these children, and Dr. Chasnoff's expertise in this area is incredibly helpful."

The Spencer training is scheduled for Thursday, March 28 from 9 AM – 12 PM at the Clay County Regional Events Center in Spencer. Registration is now open. Visit <https://www.facebook.com/events/775137072869079/> or <https://bit.ly/2Ub9o4p>.

The Sioux City training is scheduled for Friday, March 29 from 9 AM – 12 PM at Briar Cliff University at the St. Francis Center. For both trainings, CEUs are pending for social work, substance use, foster parent, and nursing. Visit <https://www.facebook.com/events/2147527282175414/> or <https://bit.ly/2TCBtBW>.

"We encourage parents, social workers, teachers, and anyone else who works with children to attend this training," added Dr. Sandbulte. "Understanding the effects of prenatal substance exposure on a developing child will provide insight and practical advice on how to help the child live up to their full potential."

Dr. Chasnoff will be working directly with Seasons staff on the afternoon of March 28th for a training specific to the agency's work with clients.

– 30 –

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.