



# NEWS RELEASE

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**27 May 2020**

**For Immediate Release**

## **Seasons' Trauma Therapy Program Receives Grant Donation**

**Spencer, IA** – Seasons Center's trauma therapy program, HEAL, received a grant donation from American Contractors Insurance Group, to support client with resources. The purpose of the donation is to aid those adversely affected by COVID-19.

“Our company's intention is to support charities and programs where our employees or family members of our employees are involved. Therefore, in virtue of Jessica Edwards, we are privileged to make this donation,” said Jennifer Steuk, Jessica's sister.

In 2019, the HEAL program served 104 individuals with 5,305 hours of therapy. In addition to providing therapy, Trauma Therapists advocate for clients by connecting them with resources, assisting them with essential needs, and collaborating with area partners. The HEAL program currently serves 9 counties, including Buena Vista, Clay, Dickinson, Emmet, Lyon, O'Brien, Osceola, Palo Alto, and Sioux.

“We are grateful to Jennifer and American Contractors Insurance Group for their generous donation to our clients,” said Jean Drey, VP of Program Development. “With this grant donation, we can continue to serve our HEAL clients while supporting them with basic needs with groceries, housing, and other essentials during this time.”

Seasons Center for Behavioral Health serves over 5,300 individuals, children, and families across a 19-county service area in Northwest Iowa. For more

information, please visit [www.seasonscenter.org](http://www.seasonscenter.org) and stay up-to-date by visiting us on Facebook.

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).