



NEWS RELEASE

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FOR IMMEDIATE RELEASE

Seasons Center Receives Emmet County COVID-19 Response Fund Grant

Spencer, IA – Seasons Center for Behavioral Health has been awarded a \$2,000 grant from the Emmet County COVID-19 Response Fund Grant to support individuals and families from Emmet County.

Grant funding can be used to help access traditional behavioral health services (therapy and counseling) and to purchase items to help address unique individual and family situations related to inadequate communication, food insecurities, and other household needs, including activities that support positive family relationships and interaction.

“With the onset of COVID-19, Seasons is further challenged with meeting both the behavioral health and daily living needs of individuals and families impacted by this pandemic”, said Kim Scorza, President/CEO of Seasons. “Individuals and families are experiencing increased anxiety, stress, and depression caused by the pandemic and our communities need expanded services now, especially during these challenging and uncertain times. We’re so appreciative of these funds to help us continue to do so.”

If you or a loved one is experiencing a mental health crisis or is in need of immediate assistance, please contact our Crisis Line, 24 hours a day, 7 days a week at 844-345-4569.

To learn more about this training offered by Seasons, contact Seasons Center today at 1.800.242.5101 and visit Seasons Facebook Page at <https://www.facebook.com/SeasonsCenterForBehavioralHealth/>.

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.