



NEWS RELEASE

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For Immediate Release

Clay County Community Foundation Grants Seasons with Infant Mental Health

Spencer, IA – The Clay County Community Foundation granted Seasons Center for Behavioral Health with an award of \$1,500 for infant mental health resources.

In 2019, Seasons Center served 1,285 children ages 0-18 at Autumn's Center in Spencer, 54 of whom were ages 0-5. Between 2017-2018, Seasons served 120 children ages 0-5. With appropriate resources and therapeutic toys, Seasons Center can support the development of healthy behavior and provide children the opportunity to learn and express themselves through role-playing.

"We are grateful to the Clay County Community Foundation for awarding us these funds to help support our infant and early childhood mental health services," said Christina Eggink-Postma, Vice President of Program Coordination at Seasons Center. "These high-quality resources and tools have been selected by our providers who will be using them with the children and families they serve at Autumn's Center."

Clay County Community Foundation is committed to improving the quality of life throughout Clay County by investing in area nonprofits through grant programs and by providing individuals, families and area businesses who love their community with a way to give back.

"Childhood is so important to not only the child and their family, but to all of society," said Jean Drey, Vice President of Program Development at Seasons Center. "Intervention early in a child's life can affect all aspects of their long-term health, including emotional well-being and social development, which

correlates with improved family and peer relations, school attendance, and grades.”

Seasons Center for Behavioral Health serves over 5,300 individuals, children, and families across a 19-county service area in Northwest Iowa. For more information, please visit www.seasonscenter.org and stay up-to-date by visiting us on Facebook.

– 30 –

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community’s economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons’ services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.