



NEWS RELEASE

For more information, contact Taylor Prather, Prevention and Education Coordinator
Phone: 1-800-242-5101 | E-mail: tprather@seasonscenter.org

August 14, 2020

FOR IMMEDIATE RELEASE

Seasons Center Receives Emmet County Community Foundation Grant

Spencer, IA – Seasons Center for Behavioral Health has been awarded a grant from the Emmet County Community Foundation in the amount of \$4160 to offer two special events for children and their families from Emmet County.

1) A Fall Harvest Kid's Carnival/Resource Fair will be a fun event for children and their families, with activities designed to promote positive family interaction, including games and prizes. Families will be provided information and public awareness materials about positive mental health, with print material available regarding children's mental health topics and various types of program services available to support families. This year a particular emphasis will be on caring for your child and family in the midst of the COVID-19 pandemic. In order to promote safety for all participants, Seasons' staff will take additional safety precautions and social distancing measures to keep participants safe.

2) Therapeutic respite care services for children/youth experiencing behavioral health conditions and with a history of trauma. Respite services are designed to meet the individual needs of each child and provide parents with a period of rest and relief.

"At Seasons Center, our focus is to help children, families, and individuals in need," said Kim Scorza, President/CEO from Seasons. "We are grateful for this funding from the Emmet County Community Foundation to reach residents in Emmet County."

If you or a loved one is experiencing a mental health crisis or is in need of immediate assistance, please contact our Crisis Line, 24 hours a day, 7 days a week at 844-345-4569.

To learn more about this training offered by Seasons, contact Seasons Center today at 1.800.242.5101 and visit Seasons Facebook Page at <https://www.facebook.com/SeasonsCenterForBehavioralHealth/>.

- 30 -

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.