

Seasons Center offers training & educational opportunities for local agencies, businesses, schools, and community groups.

QPR (Suicide Prevention) Evidence-Based Curriculum 2 Hour Training

- Introductory training to suicide prevention focusing on a three-step basic strategy for intervention
- Class size: 8 people min./30 people max.
- Cost:
 - Training: \$350
 - Venue Rental

ASIST (Suicide Prevention) Evidence-Based Curriculum 2-Day Training

- LivingWorks ASIST is an intensive training that covers suicidal behavior in-depth and provides prevention strategies such as creating a safety plan to keep someone safe
- Class size: 8 people min./20 people max.
- Cost: varies based on the number of attendees
 - Training: \$1,500
 - LivingWorks Training Materials: \$43.25/attendee
 - Venue Rental
 - Breakfast & Lunch (required per curriculum)

Mental Health First Aid Evidence-Based Curriculum 6.5 - 8 Hour Training

- This full-day training, offered by Mental Health First Aid USA in partnership with the National Council for Mental Wellbeing, explores the signs and symptoms of common mental health disorders and challenges, and teaches a five-step intervention process
 - *Curriculums Offered: Adult or Youth*
- Class size: 8 people min./30 people max.
- Cost: varies based on the number of attendees
 - Training: \$562.50
 - MHFA USA Registration Fee: \$23.95/attendee
 - MHFA USA Training Materials: \$18.95/attendee
 - Venue Rental

Custom Trainings - available upon request

- Pricing based on requested content, training time, travel, etc.

As a nonprofit organization, Seasons Center is committed to supporting our communities through high-quality trainings and education. Fees simply help cover the cost of making these opportunities available. Organizations may be able to access local or community grant funding to help offset these costs. We offer a 10% discount to partner agencies with signed Memorandum of Understanding (MOU) agreements.



For more information on trainings & educational opportunities, please contact events@seasonscenter.org or call 800-242-5101