



NEWS RELEASE

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For Immediate Release

Andrew Zimmern to Speak on Behalf of Seasons

Spencer, IA. – The Travel Channel's acclaimed bizarre food extraordinaire, Andrew Zimmern of *Bizarre Foods with Andrew Zimmern*, is coming to Okoboji, Iowa for a Seasons Center for Behavioral Health event on May 2.

In addition to eating a chosen bizarre food from Northwest Iowa, Zimmern will tell his story of substance abuse recovery.

"We're so pleased that Andrew is willing to tell his story of how beneficial behavioral health services can be for an individual," says Kim Scorza, executive director, Seasons.

An Evening with Andrew Zimmern, presented by Seasons Center for Behavioral Health and Community State Bank of Spencer, Iowa, is the first event of its kind for Seasons, as it will serve as both a fundraising and advocacy opportunity for the organization.

The evening festivities, including a silent auction, will begin at 6:30 p.m. at Arrowwood Resort in Okoboji. KCAU-TV's evening news anchor, Jenna Rehnstrom, will emcee the event. Heavy hors d'oeuvres will be served.

Tickets for the event are available for \$50 apiece, and can be purchased online at www.seasonscenter.org.

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of psychiatric and behavioral health services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human service systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

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