



Alex's Place

**Before
Your
Stay**

Preparing For Your Stay

- Prepare a list of all your current medications, both prescription and over the counter.
- Bring your home medication supply
 - Refill any medications that have less than 10-day supply remaining.
 - Prescription medications must be in the original pharmacy bottle with the information label intact in a sealed bag.
 - Any liquid medications must be new and sealed.
- Bring insurance card(s) and form of identification (driver's license, etc.).
- Pack personal hygiene and clothing items. Laundry facilities are available, so 3 changes of clothes will be fine.

Items not allowed in the center will be stored by staff and returned to you at the time of discharge

**Personal
Belongings
Guidelines**

Personal Items Allowed:

- Toothbrush/toothpaste
- Shampoo/conditioner, body wash, bar soap
- Stick deodorant or antiperspirant
- Feminine hygiene products
- Make-up
- Personal clothing, unless otherwise identified in "clothing items prohibited" section
- Cell phone - with guidelines
- Tobacco Products - with guidelines and will be locked up when not using

Personal Items Prohibited (contraband):

- Straight edge razors
- Clothing with inappropriate content (ie: advertising for drugs, alcohol, etc.)
- Sweatshirts with strings

Additional Items Prohibited (contraband):

- Weapons of any kind
- Mood-altering substances of any kind, such as alcohol and drugs
- Candles or incense
- Pornographic materials

All personal items allowed at Alex's Place are subject to staff discretion. Alex's Place is not responsible for any items that patients have in their possession if lost, stolen or broken. If weapons or illegal drugs are discovered, they will be confiscated and law enforcement will become involved.