



Alex's Place

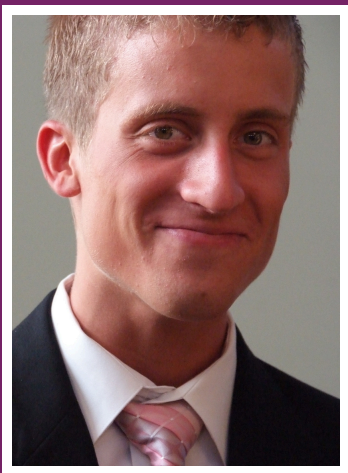
CRISIS STABILIZATION CENTER

Provides services to adults 18+ experiencing a mental health crisis which does not require an inpatient level of care. The crisis center is appropriate for individuals that do not require hospitalization but need symptom stabilization assistance and skill-building services to regain stability and wellbeing.

Examples of a mental health crisis include but are not limited to:

- suicidal ideation
- behavior that could pose risk to themselves or others
- anxiety
- depression
- substance abuse **in combination with** increasing mental health symptoms.

- 4 bed facility offering short term care for up to 5 days
- Residential care setting with 24/7 supervision
- Provides therapy with a licensed mental health therapist and behavioral health skill building with a crisis team member each day



Alex's Place is named in honor and memory of Alex Jacobsen.

If we can learn anything from Alex, it's that mental illness is real and it doesn't discriminate.

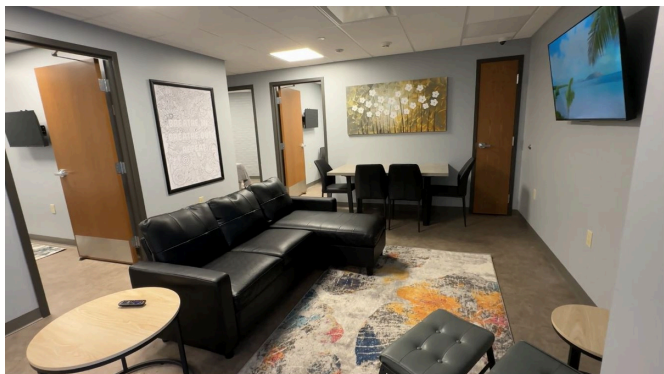
Alex's Place is here to help.
Mental illness is treatable.
You can recover.
You don't have to do it alone.

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Referrals may be made by hospitals, clinics, law enforcement, HHS or someone can refer themselves.

To start the intake process, call our Crisis Line at:
844-345-4569

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seasons 

800-242-5101 | www.seasonscenter.org
24/7 Crisis & Talk Line: 844-345-4569
Suicide & Crisis Lifeline: 988