



# NEWS RELEASE

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**For Immediate Release**

## **Seasons Center Awarded Culturally Competent Treatment Project Grant**

**Spencer, IA.** – Seasons Center for Behavioral Health has been awarded a two-year grant from the Iowa Department of Public Health, Division of Behavioral Health, to offer substance abuse treatment services that address the unique cultural characteristics of individuals and families from diverse backgrounds in rural northwest Iowa.

The purpose of the grant is to better meet the substance abuse treatment and recovery needs of individuals and families from diverse backgrounds, specifically targeting the Hispanic/Latino and Micronesian populations in the counties of Buena Vista and Sioux.

The goals of the Culturally Competent Treatment Project (CCTP) are threefold: to identify and select culturally and linguistically appropriate programs and services; to build the organizational capacity to lead and direct a high quality program; and to offer training, education, and outreach activities. Services are targeted to begin on July 1, 2014 and the proposed project intends to serve a minimum of 50 individuals per year.

“We know that the need to offer culturally-specific treatment services is growing in northwest Iowa, and we’re grateful for the opportunity to expand our services to better meet the needs of individuals and families in Buena Vista and Sioux counties with this funding from the Iowa Department of Public Health,” says Christina Eggink-Postma, Director of Program Coordination and Compliance.

The current outpatient substance abuse program services provided by Seasons, incorporates three levels of care: Intensive Outpatient, Extended Outpatient, and Continuing Care. Services are provided in family and/or group treatment modalities.

For more information on Seasons’ services and future community events, please visit our website [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page [www.facebook.com/SeasonsCenterForBehavioral.Health](http://www.facebook.com/SeasonsCenterForBehavioral.Health)

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-501.

C E N T E R F O R B E H A V I O R A L H E A L T H

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