



# NEWS RELEASE

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**For Immediate Release**

## **Seasons Center Receives Grant to Promote Recovery Month**

**Spencer, IA.** –With funding from the Iowa Department of Public Health, Division of Behavioral Health, Seasons will be joining State and national efforts in support of September-National Recovery month. This is the 25<sup>th</sup> anniversary of Recovery Month observance and the theme is, “Join the Voices of Recovery: Speak Up, Reach Out”.

During September, Seasons will promote recovery activities to raise awareness of what recovery means, deliver “Resource Kits” to community agencies to provide information on prevention and treatment, and expand educational messages through the use of social media.

“We are grateful to Iowa Department of Public Health for this funding and the opportunity to join efforts across Iowa and the nation to promote recovery,” says Jean Drey, Director of Program Development.

For more information on Recovery Month activities and other services provided by Seasons' please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) or call 1.800.242.5101.

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-501.

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