



NEWS RELEASE

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For Immediate Release

Seasons Center Awarded Grant Funds from the Lyon County Riverboat Foundation

Rock Rapids, IA. – Seasons Center for Behavioral Health, an Avera Partner, has been awarded grant funding from Lyon County Riverboat Foundation in the amount of \$2,000 to provide Lunch and Learn presentations on gambling addiction and distribute parent/child resource bags to children in grades K-4 attending the Lyon County schools.

Problem gambling can compromise, disrupt, or damage personal, family, or vocational pursuits and can result in financial ruin, legal problems, and loss of career and family. These results affect not only the gambler, but also the family, employer, and friends, as the emotional and financial consequences begin to accumulate. The Lunch and Learn presentations will be designed to address these topics and inform the attendees of resources to help a problem or addicted gambler.

Mental health is an important part of everyone's life regardless of age, and current data indicates it affects one in ten children. For school-age children, good mental health means improved attendance and grades, better peer relations, and increased success in school. Providing families of elementary-aged school children with "Parent/Child Resource Bags" will promote positive mental health. The materials in the resource bags will address topics such as bullying prevention, making positive choices, and mental health education.

“We’re very grateful to the Lyon County Riverboat Foundation for this funding in support of our office in Rock Rapids,” says Kim Scorza, Executive Director.

For more information on Seasons’ services, please visit our website at: www.seasonscenter.org and Facebook page www.facebook.com/SeasonsCenterForBehavioralHealth

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.