



# NEWS RELEASE

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**For Immediate Release**

## **Seasons Center Receives Grant to Promote Recovery Month**

**Spencer, IA.** – With funding from the Iowa Department of Public Health, Division of Behavioral Health, Seasons will be joining State and national efforts in support of September's National Recovery month. The theme for this year is, "*Join the Voices for Recovery: Visible, Vocal, Valuable!*" The purpose of Recovery Month is to increase awareness and understanding of mental and substance use issues and celebrate the people who recover.

During September, Seasons will promote recovery activities to raise awareness of what recovery means, sponsor a kid's carnival in Sioux Center to provide information on prevention and treatment, and expand educational messages through the use of social media.

"We are grateful to Iowa Department of Public Health for this funding and the opportunity to join efforts across Iowa and the nation to promote recovery," says Kim Scorza, Executive Director.

For more information on this event, Seasons' services, and Autumn's Center visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page [www.facebook.com/SeasonsCenterForBehavioralHealth](https://www.facebook.com/SeasonsCenterForBehavioralHealth).

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).