



# NEWS RELEASE

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**For Immediate Release**

**Seasons Center Therapists Attend Specialized Training for Autism Treatment**

**SPENCER** – Seasons Center for Behavioral Health, Therapy Specialist, Nikki Van Ginkel, LISW, and Outpatient Therapist, Ashley Courtney, LMFT, participated in a three day training workshop on Project ImPACT.

Project ImPACT is an evidence-based intervention that teaches social skills communication to children with autism spectrum (ASD) and related disorders ages 18 months to 6 years. It uses a blend of developmental and naturalistic behavioral intervention strategies that are compatible with a variety of intervention models. It can be used as a direct intervention or a parent-mediated intervention.

“Project ImPACT will provide our therapists with another clinical strategy for working with parents and their children who have been diagnosed with an autism spectrum disorder,” says Natalie Sandbulte, Director of Clinical Services. “We see a need for specialized services in working with children and families and are committed to providing our clinicians with these types of training opportunities to meet the needs in our service area.”

Seasons is a non-profit organization and has been providing a broad range of psychiatric and behavioral health services to people and communities in Northwest Iowa since 1959. Seasons strives to provide exceptional care to children, families, and adults through skilled, dedicated, and passionate employees who use evidence-based treatment practices and innovative treatment techniques.

For more information on Seasons’ services, please visit our website at: [www.seasonscenter.org](http://www.seasonscenter.org) and Facebook page [www.facebook.com/SeasonsCenterForBehavioralHealth](https://www.facebook.com/SeasonsCenterForBehavioralHealth)

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).