



NEWS RELEASE

For more information, contact Kim Scorza, President/CEO, Seasons
Phone: 1-800-242-5101 | E-mail: kscorza@seasonscenter.org

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For Immediate Release

Seasons Center Receives \$1,000 Grant from Spencer Walmart

SPENCER – Seasons Center for Behavioral Health received a \$1,000 grant from the Spencer Walmart store to help fund the therapeutic playground project at Autumn's Center.

The therapeutic playground has specially designed equipment for outdoor play therapy at Autumn's Center, which opened on October 31, 2016. The playground, designed by Landscape Structures, Inc. of Delano, Minnesota, will serve as an outdoor enhancement to a child's therapy plan. The purpose of the therapeutic playground is to strengthen developmental skills in children, including sensory, motor, cognitive, and social-emotional.

"Sometimes children have a difficult time processing their feelings and experiences in an office setting," said Natalie Sandbulte, Vice-President of Clinical Psychology at Seasons Center. "The therapeutic playground allows children to move about if they need to, thereby facilitating the therapeutic process and the child's ability to learn. The playground is a wonderful opportunity for children to learn new skills in a natural and familiar environment."

"It has been a foundation of Walmart to give back to the local communities in which we serve," said Doug Hank, Store Manager of Walmart in Spencer. "To be able help with the playground that will provide so many opportunities to the children is a tremendous honor for our store and associates."

"Seasons is grateful for the support of the Spencer Walmart store for their contribution to the playground project at Autumn's Center," said Kim Scorza, President/CEO. "It is wonderful to be a part of a community that cares so much about our children!"

Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit www.seasonscenter.org or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit www.avera.org.