



# NEWS RELEASE

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**20 January 2017**

**For Immediate Release**

## **Seasons Center for Behavioral Health Annual Meeting**

**SPENCER** – Seasons Center for Behavioral Health will hold their annual Board of Directors meeting on Friday January 27, 2017 at 9:30 am. The meeting will be held at Autumn's Center, 120 E 5<sup>th</sup> St., Spencer, IA 51301 in the first floor classroom. The meeting is open to the public.

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Founded in 1959, Seasons Center for Behavioral Health continues to be a leading, comprehensive behavioral health center in the northwest region of Iowa. Offering a broad range of behavioral health Services, Seasons recognizes that investing in behavioral health is investing in a community's economic, education, health and human services systems. Seasons strives to empower individuals so they might become active, contributing members of their communities. For more information on Seasons' services, please visit [www.seasonscenter.org](http://www.seasonscenter.org) or call 1-800-242-5101.

Avera is a regional partnership of health professionals who share support services to provide excellent care at 300 locations in 100 communities in eastern South Dakota and surrounding states. Our ministry, our people and our superior values distinguish Avera. We carry on the health care legacy of the Benedictine and Presentation Sisters, delivering care in an environment guided by our values of compassion hospitality and stewardship. Avera employs more than 13,500. Inpatient, outpatient and clinic visits totaled nearly 2.5 million in the last year, a number equal to more than twice the population of the Avera service area. For more information please visit [www.avera.org](http://www.avera.org).